



Life Category (from Lifestyle Balance Pie):				
Related to Value (from HOV):				
Goal:				
<b>S</b> pecific	<b>M</b> easurable	<b>A</b> greeable	<b>R</b> ealistic	<b>T</b> ime-Bound
Revised Goal:				
Tasks/Objects to Reach Goal:				
Life Category (from Lifestyle Balance Pie):				
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